



# MOVING GUIDE

## MOVERS

- AAA Two Small Men With Big Hearts Phone #: 403-340-3669
- Aarmadillo Moving & Storage Phone #: 403-340-8021
- Alberta Movers Phone #: 403-352-6951
- All in One Moving Storage & Truck Rentals Phone #: 403-340-0859
- AMJ Campbell Van Lines Phone #: 403-347-1955
- Associated Van Lines Phone #: 403-346-4113
- Astra International Moving Shipping Inc. Phone #: 1-800-799-3332
- Balmoral Storage Solutions Phone #: 403-597-6012
- Best Moving Phone #: 1-888-338-1060
- Derksen Transport & Trailer Rentals Phone #: 403-729-2533
- Direct Courier Phone #: 403-348-3480
- Go Mini's Phone #: 1-877-406-4647
- Halbro Moving & Delivery Phone #: 403-896-1886
- Home to Home Moving Phone #: 403-347-8841
- King George Moving & Storage Phone #: 403-340-3656
- Looker Office Equipment & Furniture Phone #: 403-346-8827
- Maple Leaf Moving Phone #: 403-347-8826
- Roadrunner Trucking Moving Service Phone #: 403-341-6641
- Western Canadian Movers Phone #: 403-340-2202





# CHANGE OF ADDRESS CHECKLIST

## Utilities

- Electric
- Gas
- Water
- Telephone
- Cable
- Satellite
- Cellular phone
- Internet

## Publications

- Newspaper
- Magazines
- Professional
- Fraternal

## Government & Public Offices

- Veterans Administration
- Library
- City Hall- Garbage & Refuse
- Motor Vehicle Bureau
- Post Office
- Canada Pension Plan
- Canada Customs & Revenue Agency (child tax benefit, GST rebate, income tax)

## Insurance Agencies

- Fire
- Auto
- Home
- School
- Health
- Accident
- Hospital

## Financial Institutions

- Banks
- Mortgage Broker
- Financial Advisor
- Investment Firms
- Credit Card Company

## Professional Services

- Doctor
- Dentist
- Certified Public Accountant
- Lawyer
- Schools
- Daycare
- Work Place

## Established Business Accounts

- Dry Cleaner
- Bakery
- Drug Store
- Diaper Service
- Department Stores
- Water Softener Services
- Dairy
- Service Stations
- Laundry
- Banks
- Finance Companies
- Automobile Agency
- Real Estate Agency

## Miscellaneous

- Relatives, friends
- Business Associates
- Book and Record Clubs
- Organizations & Clubs
- Your landlord, if you are a tenant
- Your tenants if you are a landlord





# Tips On Packing

Follow these guidelines in packing your household goods. You will save a great deal by packing yourself.

**You will need: boxes, marking pen, bubble wrap, newspaper and tissue, tape and scissors, Tape measure.**

**Write everything down. Create a list with numbers and contents and then number the boxes accordingly. Also make sure if there is fragile contents you label that on the box.**

**Color coordinate – designate a color for each room in the house and apply colored stickers on the boxes beside the numbers. Eg: Yellow for kitchen, blue for living room, green for kids room, etc...**

**Use strong containers that are in good condition and that can be secured tightly with twine or strapping tape. Purchase special boxes for dishes. Keep valuable possessions with you, such as jewelry, documents, collections and/or anything that will be difficult to replace. Contents of a safety deposit box can be moved for you by your bank.**

**Do not load more than 50 pounds into one box, and make sure weight is evenly distributed.**

**Cushion contents with newspaper or other packing material to prevent breakage.**

**Keep things together. Example: keep book ends with books, light bulbs with lamps, extension cords with appliances.**

**Have your rugs and draperies cleaned before moving and leave them in their wrappings for easier handling.**

**Remove all breakables and liquids from drawers and pack them separately. Seal medicines and other containers to prevent leaking and pack in a leak proof bag or container.**

**Pack linen and clothing in drawers, but don't overload them**

**Get things organized as early as possible!**



# Packing the Moving Truck

## Steps:

1. Move largest and heaviest items first, such as appliances, couches, beds, etc...these items should be kept to the wall closest to the cab. Keep items in upright positions and balance truck by placing weight evenly on both sides. Use furniture paddings to protect wood surfaces, which can be rented from the truck rental agent.
2. Move longer items such as mirrors, mattresses, headboards, etc...and place the items upright against the longest wall of the truck, in order to save space.
3. Disassemble pieces such as bed frames but make sure you keep them together by taping them.
4. Start loading the largest and heaviest boxes. Make sure that if you fill the space up under any tables you may have.
5. Stack the lighter and smaller boxes on top of the bigger ones. Make sure the boxes that go on top of the bigger boxes do not weigh nearly as much.
6. Last step is to place the most fragile items or awkward shaped items on making sure they will not move around during transport.



# Moving Your House Plants



Here are some tips to take your plants with you when you move without harming them:

1. A couple of weeks before you move, prune plants to facilitate packing. Consult a florist or a plant book for instructions.
2. A week before your move, put your plants in a black plastic bag with a bug/pest strip, conventional flea collar or bug powder in the bag before you put the plant in. Close the bag and place in a cool area overnight. This will kill any pests on the plant or in the soil.
3. The day before your move, place the plants in cardboard containers. Make sure they are held in place by dampened newspaper or packing paper. Use paper to cushion the leaves and place a final layer of wet paper on top to keep them moist. Water the plants normally in the summer, a little less in the winter.
4. On the day of your move, set the boxes aside and mark "DO NOT LOAD" so they won't be taken on the moving van.
5. On the day you leave, close boxes, punch air holes in the top and load in your car.
6. When on the road, be careful where you park your car. Look for a shaded area in the summer and a sunny spot in the winter.
7. Unpack the plants as soon as you can after arriving. Remove plants through the bottom of the box in order to avoid breaking the stems. Do not expose the plants to too much sunlight at first. Let them get accustomed to more light gradually.
8. If you must leave your plants behind, then take cuttings. Put them in a plastic bag with wet paper towels around them.



# Moving Your Pets

Your pets need special care and handling to get to their new home. Here are a few tips on moving them.

## Fish:

It is not practical to move fish in their aquarium. A gallon of water weighs eight pounds. Plan on giving the fish away and restock the aquarium when you arrive at your new home.

## Cats and Dogs:

Cats and dogs can either be shipped by air or taken along in the family car. If you are flying to your new destination, your cat or dog can ride in the baggage compartment. Your pet will need a health certificate from your vet, and the appropriate shots. Call the airline in advance to find out about special boxes they may have. If you are going to make a container for the pet, make sure it complies with the airline's regulations. It is a good idea to get some tranquilizers from your vet to give it right before going to the airport. It's also a good idea to put a piece of clothing with your scent on it in the animal's box so they will feel more comfortable.

If you aren't flying with your pet, but are having them shipped by air, make sure someone is on the other end to pick them up at the airport and take care of them until you arrive. The easiest way is to let a kennel do it for you. Many kennels can take the pet several days before you move, take them to the airport and arrange to have a kennel on the other end pick it up and take care of them until you arrive.

If you are planning to take your pet on a long cross country trip make sure you think twice about it. Not only can animals get carsick, but being cooped up in a car all day can make them nervous and upset. They must be fed and watered (make sure you take along their water dish) they have to make rest stops and they have to be on a leash to keep them from running off any time the car door is opened.



Some motels and hotels don't allow pets. Others have special facilities for handling traveler's pets. Call in advance and check out the available literature on hotels along your route.



### Smaller Animals:

Hamsters, birds, mice, reptiles, and such can be transported in the family car fairly easily. Make sure they have enough food and water in their cages and are out of drafts or extreme temperatures. Cover cages with a cloth to keep them quiet and restful.





# Arrival Kit Checklist

Here are some suggestions for what you may need immediately upon arriving at your new home.

The box should be marked "Load Last, Unload First".

## Cleaning:

- Soap powder (cleaning agents or aids)
- Kitchen cleanser
- Dish towels
- Paper towels
- Dish cloth
- Steel wool pads
- Sponge
- Window cleaner

## Miscellaneous:

- Light bulbs
- Flashlight
- Hammer, screwdriver, pliers
- Aluminum foil
- Shelf paper
- Trash bags
- Wine
- Newspaper
- Snacks
- Easy-open cans of pudding
- Sandwich spreads
- Jars of cheese
- Package of crackers
- Instant creamer, sugar, salt
- Dry soup mix
- Dry cereals, raisins
- Instant coffee/tea/chocolate
- Fresh fruit /veggies

## Kitchen:

- Paper plates, cups, napkins
- Plastic knives, forks, spoons
- Plastic pitcher for mixing drinks
- Small saucepan
- Serving spoons
- Tea kettle

## Children:

- Coloring books and crayons
- A favourite toy
- Reading materials
- Puzzles
- A small surprise gift

## Bathroom

- Facial tissue
- Toilet tissue
- Bath towel
- Face cloth
- Bath Soap
- Toothpaste/toothbrush
- First aid kit
- Aspirin